

UAND ANNUAL CONFERENCE AGENDA

Tuesday, March 17, 7:15am-4:30pm

TIME	ACTIVITY	CEU	LOCATION
7:15-8:00	Morning Social, Breakfast & Registration		Room TBD
8:00-8:15	Welcome and Announcements		Room TBD
8:15-9:15	General Session Myths, Truths and Promises: Untangling the Latest Dietary Guidance – Chris Mohr, PhD, RD	1	Room TBD
9:15-9:20	Bio Break		
9:20-10:20	General Session Inspiring Action: Leveraging Innovative Nutrition Strategies Against Chronic Disease – Panelists: Theresa Dvorak RD, Karlee Kump RD, Ellen Maxfield Moderator: Melinda Sieng, MS, RD	1	Room TBD
10:20-10:40	Break		
10:40-11:40	Breakout Sessions 1. Advancing Patient Health and Provider Knowledge Through Culinary Medicine – Christina Badaracco, MPH, RDN, LDN 2. From Boomers to Zoomers: Cracking the Communication Code – Suzette Holt, MBA, RDN, CNSC 3. Sarcopenia Prevention in Younger and Middle-Aged Adults – Suzanne Young, PhD, MPH, MBA, ACSM EP, ACSM EIM	1	Room TBD
11:40-12:40	Lunch Board Meeting/Awards		Room TBD
12:40-1:40	General Session In Defense of Delicious: How Flavor Contributes to Human and Planetary Health – Amy Bentley, PhD	1	Room TBD
1:40-2:10	Break		
2:10-3:10	Breakout Sessions 1. “My Food is Poisoned”: Providing Psychiatric Informed Nutrition Care – Melissa Baugh, RD, CD & Isaac Ou 2. Hydration & Nutrition Challenges in Older Adults: Best Practices for Disease-Specific Care and Improved Patient Outcomes – Gina Ward, MS, RDN, CDCES 3. Protein on the Shelf: Navigating Trends and an Evolving Industry – Marisa Scarlet, MS, RDN, CD & Elizabeth Ruffing, MS, RDN, CD	1	Room TBD
3:10-3:20	Bio Break		
3:20-4:20	General Session Optimizing GLP-1 Therapy: A Dietitian’s Guide to Managing Side Effects & Patient Expectations – Sheila Patterson, RD, CDCES	1	Room TBD
4:20-4:30	Announcements + Closing Remarks		Room TBD

UAND ANNUAL CONFERENCE AGENDA

Wednesday, March 18, 7:15am-4:45pm

TIME	ACTIVITY	CEU	LOCATION
7:15-8:00	Morning Social, Breakfast & Registration		Room TBD
8:00-8:15	Welcome and Announcements		Room TBD
8:15-9:15	General Session Building a Healthier Future: The Intersection of Clinical Dietitians and Public Health - Pam Chapman, RD, CDCES	1	Room TBD
9:15-10:15	General Session Overlooked: Addressing Malnutrition in People with Overweight and Obesity - Jillian Hyttenhove, MA, RD, CSOWM, LD, CHES	1	Room TBD
10:15-10:30	Bio Break		
10:30-11:30	Breakout Sessions 1. Bridging the Clinical-Community Divide: Public Health Approaches in Patient Care - Casey Coombs MS/RDN, Brooke Lister MPH/RDN, Getrude Mphwanthe PhD/RDN, Amanda Arnold RDN, Kimberlee Creech RDN, Amria Farnsworth MPH/RDN 2. Beyond the Scale: Screening for Malnutrition in the Era of GLP-1 Medications - Lacie Peterson, PhD, RDN, BC-ADM, CDCES, FADCES, FAND & Grant Cefalo, MDA, RD, CDCES 3. Exhibitors/Student Posters	1	Room TBD
11:30-12:30	Lunch		Room TBD
12:30-1:30	Breakout Sessions 1. Discover Your Strengths: Building Leadership and Team Skills - Alyssa Reidhead, MDA, RDN & Marlene Graf, MS, RD 2. Turn Your Practice into Profit with Group Programs - Judes Scharman Draughon, MS, RDN, LD 3. Exhibitors/Student Posters	1	Room TBD
1:30-2:15	Student Posters and Bio Break		Room TBD
2:15-3:15	Breakout Sessions 1. Student Networking Activity 2. Bridging the Hunger Gap: Educator Perspectives on the Impact of Weekend Food Assistance: A Five.12 Case Study - Natalie Dalley, MPH, RDN 3. Exhibitors/Student Posters	1	Room TBD
3:15-3:25	Bio Break		
3:30-4:30	General Session Evolving Expertise: The Dietitian's Role in a Rapidly Changing AI World - Drew Hemler, MSc, RD, CDN, FAND	1	Room TBD
4:30-4:45	Announcements + Closing Remarks Annual Conference Adjourns		Room TBD